



## University of Roehampton (London)

### Nutrition and Health

#### Study details

**Course type:** Bachelor's degree

**Degree:** BSc (Hons) Nutrition and Health

**Study mode:** Full time

**Duration:** 36 Month

#### Cost of study

**Cost :** 15 000 - 17 000 GBP

**Reg. fee :** N/A GBP

**Scholarship :**

**Insurance :** N/A GBP

#### Intake/s

Sep

#### Requirements

### Entry requirements

#### Roehampton English Language Test

- Undergraduate degrees - mapped to IELTS scores

#### TOEFL IBT

- Undergraduate degrees - 80 overall with a minimum of 17 in listening and writing, 18 in reading and 20 in speaking

#### IELTS Academic

- Undergraduate degrees – 6.0 overall with a minimum 5.5 in each component

#### Cambridge Advanced Certificate

- Undergraduate degrees – 169 overall with a minimum of 162 in each component

#### Cambridge Proficiency Certificate

- Undergraduate degrees – 169 overall with a minimum of 162 in each component

All applicants that require a Tier 4 visa must also meet the minimum English Language requirements before we can issue a Certificate of Acceptance for Study (CAS) that is needed to apply for a Tier 4 visa.

## Academic requirements

Along with a complete application, EU and international applicants are required to submit various supporting documents. These include:

- Academic qualifications (certificate and transcript)
- Valid English language qualification
- Personal statement
- Two references

## Accommodation

## Facilities

- 24-hour computer room. Whitelands is able to boast an on-site 24-hour computer room for all Whitelands students to use.
- Quiet Study Area and Manresa Hall.
- College Kitchen & Student Lockers.
- Sports Field and Grounds.
- Catering On-Site.

## Accommodation Fees

- £163.00 to 210.00 pw

## Speciality

**There aren't any pathways available**

## Degree Duration

- 4 years : Full-time - with Foundation Year entry

## Additional information

## Degree Overview

The degree is accredited by the Association for Nutrition, so when you graduate you can become a Registered Associate Nutritionist and help others lead healthy lives. You will gain the skills to tackle topical issues and understand the effects of food and nutrition on health – an area of increasing public and clinical interest. Throughout your time with us, you will be supported in a welcoming and

diverse community of staff and students, on a beautiful parkland campus. You will have access to our state-of-the art facilities and excellent laboratories, including our food lab, with sensory analysis tasting booths, and specialist laboratories for physiology, microbiology and computing. We offer innovative modules such as Advances in Nutrition and Health, where you will explore recent developments and innovations in the field of nutrition, including the role of 'omics' technology, interactions between diet, genes and disease, and the role of various nutrients. Other interesting modules include Nutrition of Population Groups, which explores how different stages of life can determine nutritional status and requirements, and Food Science, where you will gain insight into the science behind food production, quality and safety. Across your three years, you'll explore the principles of human nutrition, vitamins and minerals, physiology and metabolism, as well as aspects of psychology that can influence food intake. You'll advance your specialist knowledge and learn to identify strategies that could improve the diet and health of the nation. In your third year, you'll also conduct your own research project in an area of nutrition of your choice, under the guidance of our expert tutors. You also have the option of undertaking a one-year paid work placement between years 2 and three, giving you the perfect opportunity to gain valuable work experience and skills within an industry or sector of choice. You can find out more about Nutrition at Roehampton, including social events, additional resources, information about our research, students and alumni here on our Nutrition Twitter feed.

## Study Reasons

- You could go on to work in the NHS, in areas such as health policy or health promotion, or become a public health nutritionist. Alternatively, you could work as a nutrition consultant in the fitness and private sectors and some of our graduates have taken their skills into the food and beverage industry, working in product development or food safety. You could also go on to further study and research at postgraduate level.
- Our careers team is available to support you from the start of your studies until after you graduate. They will help you build your CV, prepare for interviews, and meet and learn from successful graduates working at the top of their careers. You'll also have opportunities to work with our partners across London and beyond, and to attend a Roehampton jobs fair where you can find out about graduate opportunities and meet employers.