



Concordia University Chicago

Exercise Science (BA)

Study details

Course type: Bachelor's degree

Degree: BA in Exercise Science

Study mode: Full time

Duration: 48 Month

Cost of study

Cost : 37 740 USD

Reg. fee : 96 USD

Scholarship :

Insurance : N/A USD

Intake/s

Aug/Jan/May

Requirements

To apply, you will need the following:

- A completed admission application for Concordia University Chicago.
- Official transcripts of all college coursework from each institution you have attended.
- Foreign transcripts evaluated by a Concordia-Chicago-approved international credentialing service. Concordia-Chicago accepts evaluations from Educational Credential Evaluators (ECE).
- A certified document pledging financial support for your first year of study and without any unexpected events, and enough funding from the same or an equally dependable source for the following years.
- Proof of graduation from a secondary school.
- A transfer verification form for students transferring from a school in the United States.
- Proof of English proficiency, via one of the following:
 - A score of at least 72 (internet-based) on the Test of English as a Foreign Language (TOEFL) — Concordia-Chicago's DI code is 1140
 - A score of 6.0 on the International English Language Testing System (IELTS)
 - Successful completion of Level 112 at an ELS Language School (ELS) or a certificate of completion of program from an English Language Institute (ELI), along with a recommendation of the program director
 - Duolingo test with a minimum score of 95

Accommodation

Description	Per Year	Per Semester	Notes
Room & Board			
Room	\$6,772.00	\$3,386.00	
Board	\$5,100.00	\$2,550.00	
Total Room & Board**	\$11,872.00	\$5,936.00	\$200.00 annual reservation fee students
Total (Resident)	\$50,670.00	\$25,335.00	

Speciality

Description	Per Year	Per Semester
Technology Fee	\$436.00	\$218.00
Wellness/Medical Fee	\$160.00	\$80.00

Student Activity Fee	\$356.00	\$178.00
Registration and Records Fee	\$96.00	\$48.00
Green Fee	\$10.00	\$5.00
Total (commuter)	\$38,798.00	\$19,399.00

Additional information

Exercise Science Program and Degree Overview

Faculty in the Department of Exercise and Sport Science are knowledgeable and experienced in their respective areas of expertise. More importantly, they look to serve and impact the lives of others.

As a Concordia-Chicago student, you will learn about the multi-dimensional aspect of fitness and wellness, anatomy and physiology, kinesiology, exercise, evaluation and exercise testing and prescription.

These basics are further expanded upon as you progress through the course of your studies preparing you to enter the professional world. At CUC, our classes are small and encourage hands-on learning. You will work closely with the faculty, who will help you throughout your entire college career. Faculty will be able and willing to work with you individually to discuss assignments and career decisions, while ensuring you receive a quality experience at CUC.

Exercise Science Course Information

As an Exercise Science major, you will be required to take courses in:

- fitness and wellness
- weight training
- cardiovascular activities
- anatomy
- physiology
- kinesiology
- measurement and evaluation
- physiology of exercise
- fitness testing
- exercise prescription
- a management or marketing course

As you enter your senior year you will be required to complete a 300 hour practicum experience. This practicum will allow you to integrate what you have learned in the classroom with real-world experience.

Some recent practicum sites include Athletico Physical Therapy, Chicago Rush Arena Football, Gottlieb Health and Fitness Center, Shriner's Hospital and area Park Districts.