



University of Roehampton (London)

Sport and Exercise Sciences

Study details

Course type: Bachelor's degree

Degree: BSc (Hons) Sport and Exercise Sciences

Study mode: Full time

Duration: 36 Month

Cost of study

Cost : 15 000 - 17 000 GBP

Reg. fee : N/A GBP

Scholarship :

Insurance : N/A GBP

Intake/s

Sep

Requirements

Entry requirements

Roehampton English Language Test

- Undergraduate degrees - mapped to IELTS scores

TOEFL IBT

- Undergraduate degrees - 80 overall with a minimum of 17 in listening and writing, 18 in reading and 20 in speaking

IELTS Academic

- Undergraduate degrees – 6.0 overall with a minimum 5.5 in each component

Cambridge Advanced Certificate

- Undergraduate degrees – 169 overall with a minimum of 162 in each component

Cambridge Proficiency Certificate

- Undergraduate degrees – 169 overall with a minimum of 162 in each component

All applicants that require a Tier 4 visa must also meet the minimum English Language requirements before we can issue a Certificate of Acceptance for Study (CAS) that is needed to apply for a Tier 4 visa.

Academic requirements

Along with a complete application, EU and international applicants are required to submit various supporting documents. These include:

- Academic qualifications (certificate and transcript)
- Valid English language qualification
- Personal statement
- Two references

Accommodation

Facilities

- 24-hour computer room. Whitelands is able to boast an on-site 24-hour computer room for all Whitelands students to use.
- Quiet Study Area and Manresa Hall.
- College Kitchen & Student Lockers.
- Sports Field and Grounds.
- Catering On-Site.

Accommodation Fees

- £163.00 to 210.00 pw

Speciality

There aren't any pathways available

Degree Duration

- 4 years : Full-time - with Foundation Year entry

Additional information

Degree Overview

Learn to understand and improve sport performance, study in our state-of-the-art sports and exercise facilities, gain industry experience and kickstart your career in this exciting and growing field. Sport and Exercise Science is made up of three core disciplines: Physiology (the branch of biology that deals with of how the body functions), Biomechanics (the study of movement of the body and the

forces that underpin movement), and Psychology (the study of the mind and behavior). Our Sport and Exercise Sciences degree will give you an in-depth understanding how to apply these sciences to sport and exercise, as well as the opportunity to study other related topics including nutrition and health. Our enthusiastic tutors and state-of-the-art laboratories and equipment provide lively interactive ways to learn, ensuring you have the best possible experience. We emphasise both theoretical and practical understanding across the range of disciplines, to ensure you have the subject knowledge as well as the ability to apply this practically. Employability skills are a core part of the curriculum, to ensure you become a quality graduate in a strong position to build careers in the sports & exercise industry or beyond. Check out our Sports and Exercise and Biomechanics laboratories, and take a virtual tour here. Some of the unique aspects of the course at Roehampton include: The option to study all three core disciplines (Biomechanics, Physiology, and Psychology) as well as Nutrition across all three years, not just in some years. The option to undertake your final year dissertation project in either a 'by-research' or in a 'by-practice' format. The former is a traditional format suited to those particularly interested in the generation of new knowledge (research). The latter is a novel format, not widely available elsewhere. It is designed for those particularly interested in provision of sport science support to clients. The presence of an optional module in which students can gain relevant vocational experience as part of their studies (Work Place Learning). In your first year you'll start exploring the three key academic disciplines that make up sport sciences – physiology, psychology and biomechanics. You'll then go onto expand your knowledge in second year and spend lots of time in the laboratory practically applying your knowledge and skills. You'll also have the opportunity to take modules with emphasise employability skills, apply your knowledge to real-world scenarios, and undertake work experience. In third year you'll choose your modules, tailoring your degree to your own specific interests, as well as complete your dissertation.

Study Reasons

- You could go on to work in the NHS, in areas such as health policy or health promotion, or become a public health nutritionist. Alternatively, you could work as a nutrition consultant in the fitness and private sectors and some of our graduates have taken their skills into the food and beverage industry, working in product development or food safety. You could also go on to further study and research at postgraduate level.
- Our careers team is available to support you from the start of your studies until after you graduate. They will help you build your CV, prepare for interviews, and meet and learn from successful graduates working at the top of their careers. You'll also have opportunities to work with our partners across London and beyond, and to attend a Roehampton jobs fair where you can find out about graduate opportunities and meet employers.