



University of Europe for Applied Sciences

(Germany)

Sports Science: Training & Performance

Study details

Course type: Bachelor's degree

Degree: BA in Sports Science Training & Performance

Study mode: Full time

Duration: 36 Month

Cost of study

Cost : 12 700 EUR

Reg. fee : N/A EUR

Scholarship :

Insurance : N/A EUR

Intake/s

Sep

Requirements

Admission Requirements

- **HIGH SCHOOL/ BACHELOR DIPLOMA AND TRANSCRIPT**

Or equivalent occupational diploma officially translated to English or German

- **CURRICULUM VITAE (CV)** (Dated & Signed)

- **COPY OF PASSPORT** (SCANNED)

- **MOTIVATION LETTER** (MIN 500 WORDS)

- **PORTFOLIO**

The following are supplementary requirements from the individual degree programmes.

Film & Motion Design

5 – 8 work samples in which the moving image is the focus – be it filmed or animated, digital or analogue. All kinds of picture series (storyboards, flipbooks) and also other creative projects are welcome. Videos as MP4, Vimeo or YouTube links.

Communication Design | Visual Communication

Submit 8-12 work samples showcasing your strengths in visual communication, such as drawings, sketchbooks, collages, photographs, moving images, interactive projects, websites, and other creative endeavors. Include a brief reflective text for each work. Sketchbooks are also

welcome.

Digital Product Management | Design & Management Studies | UX/UI Design

A portfolio with samples of work is welcome but not required.

Game Design

5 – 10 work samples made by you: Concept sketches, storyboards, collages, renderings and other design projects are welcome. Additionally either a digital game (.exe as ZIP) or a written game concept (1 page).

Illustration

15 samples of work – in addition to illustrations and drawings, a sketchbook and other projects that demonstrate interest in the subject area are also welcome. We also like to see themed series and concept sketches.

Photography & New Media

2-3 series of photos and fewer individual images (all in all at least 20 images). The photographic projects can be supplemented by other media such as videos, drawings and graphic design.

English language certificate

- IELTS 5.5 overall
- TOEFL iBT60
- TOEFL ITP (paper based) 498
- Pearson Test of English (Academic) 56
- Pearson Test of English (General) Level 1
- Cambridge English Advanced and Proficiency 162 overall
- Cambridge Exam First (FCE) B2 CEFR, First (FCE), 160
- TOEIC Listening, 400, Reading 385, Speaking 160, Writing 150
- PASSWORD 5.5 overall (no less than 5.0 in each component)
- EF SET (50-minute Test) 51 (only for students applying with a MOI letter)
- Duolingo 100

Accommodation

What can you expect

- Green Screen Studio
- TV Studio
- Screen Printing Workshop
- Photo Studios
- Sound Lab
- Print/Scan Studio
- Teleprompter and LED

- Editing Room
- Equipment Library
- Rentable equipment
- Mac Pools etc.

Speciality

Spotlight Module: "Introduction to Sports Anatomy and Sports Medicine "

In the "Introduction to Sports Anatomy and Sports Medicine" module, students gain foundational knowledge of **anatomical structures** and **physiological functions** relevant to sports performance. They learn about the muscle and bone systems, the spine's structure and function, and the nervous system's essential elements. Additionally, students **study the cardiovascular system**, its response to physical activity, and the importance of regular exercise for physical health. They also explore haematological peculiarities and the respiratory system's functions. Through this module, students develop a solid understanding of sports anatomy's role in **optimising performance and preventing injuries**.

Additional information

Become an expert in international elite sport

Gain the skills and knowledge to train top and junior athletes in preparation for major international competitions like the Olympic Games, World and European Championships and more by gaining a **bachelor's degree in Sports Science: Training & Performance** at UE.

Whether in the NFL or at the Olympic Games, athletes are idolised by the public. Sport plays an important role in society, the **BA Sports Science: Training & Performance** degree at UE provides the opportunity to be a part of the movement. Choose to study sports science with a focus on training and performance at the Seilersee Sports Campus in Iserlohn and take your first steps in the sports industry.

Career Perspectives

The Career Development Centre of University of Europe for Applied Sciences (UE) serves as an interface between the university and commercial enterprises. There are two elements to its service:

1. **JobTeaser** is the new career portal for students. The Career Development Centre guides students along their path from enrollment to employment, and supports them with their internship and career plans.
2. The Career Development Centre comes up with and implements initiatives with the aim of generating interest among commercial enterprises in the university and its students, and provides individual services to strengthen contacts with HR decision-makers. The Career Development Centre

offers different channels of communication between enterprises, students, and alumni.