



Arizona State University (Downtown Phoenix)

Applied Nutrition and Health, BS

Study details

Course type: Bachelor's degree

Degree: Applied Nutrition and Health, BS NHFNUENBS

Study mode: Full time

Duration: 48 Month

Cost of study

Cost : 35 430 USD

Reg. fee : 85 USD

Scholarship :

Insurance : 2 765 USD

Intake/s

Jan/May/Aug

Requirements

Academic requirements

First-year students must:

- Have a 3.00 grade point average (GPA) (a "B" or better where "A"=4.00) from a secondary school. Some ASU programs may have higher admission or English proficiency requirements and may consider a minimum ACT or SAT score.
- Must have three years of high school coursework. (If you are currently in high school, ASU needs to see 9–11 grade coursework. If you have completed high school, ASU needs to see 10–12 grade coursework.)
- Must have and present a completed high school diploma or certificate.

Conditional admission

ASU may offer conditional undergraduate admission to international applicants to an on-campus program who meet the academic (aptitude) requirements but who are not proficient in English. This offer of conditional admission will give you time to improve your English proficiency before you start classes at ASU. Your conditional admission offer is good for up to three semesters, during which time you must meet one of these requirements to begin your ASU experience.

Competency requirements

International students who completed high school outside the U.S. are required to meet the following competency requirements:

- Math: four years (algebra I, geometry, algebra II and one course requiring algebra II as a prerequisite).

- Laboratory science: three years total (one year each from any of the following areas are accepted: biology, chemistry, earth science, integrated sciences and physics).

Provide evidence of English language proficiency (TOEFL 61)

Accommodation

Provided by partner agencies

Speciality

Available online

Additional information

Program description

The BS program in applied nutrition and health introduces students to nutrition principles, along with essential skills in communication, leadership and community engagement, to develop and apply innovative solutions to health concerns across populations.

Coursework includes fundamentals of nutrition, including macro- and micronutrients and developing nutrition care plans, while also delving into food sustainability, cultural aspects of food and health, food safety, and food and health policy --- all of which prepare graduates to apply nutrition expertise to a variety of careers. Students also engage in experiential learning with community partners specializing in food and nutrition to gain real-world experience, develop professional relationships and establish a foundation for their future goals.

Students complete 18 credit hours of focus area courses in community nutrition, food service operations or pre-dietetics to align with their interests and professional goals. In community nutrition, students delve into strategies for promoting health and wellness within communities and through evidence-based social media presence to address critical public health issues. Food service operations courses teach principles of management, strategy, supply chain management and entrepreneurship in food and nutrition. For students interested in becoming registered dietitians, the pre-dietetics focus offers the additional science and leadership courses required for dietetics-focused graduate programs.

Concurrent program options

Students pursuing concurrent degrees (also known as a “double major”) earn two distinct degrees and receive two diplomas. Working with their academic advisors, students can create their own concurrent degree combination. Some combinations are not possible due to high levels of overlap in curriculum.

Global opportunities

Global experience

With more than 300 Global Education program opportunities available to them, applied nutrition and health students are able to tailor their experience to their unique interests and skill sets. Whether in a

foreign country, in the U.S. or online, students build communication skills, learn to adapt and persevere, and are exposed to research and internships across the world, increasing their professional network.

The College of Health Solutions recommends these programs for students majoring in applied nutrition and health.

Career opportunities

Graduates are prepared for careers in:

- community nutrition and public health
- management of food service and sustainable food systems
- marketing and development of food products
- nutrition consulting
- nutrition and health communication and promotion

Graduates with the pre-dietetics focus are eligible to apply to a graduate program in dietetics that will prepare them to take the registered dietitian exam.

Graduates also have the capabilities to launch startups and businesses focused on individual practice, consulting, and new product and service development.