



## University of Roehampton (London)

### Therapeutic Psychology

#### Study details

**Course type:** Bachelor's degree

**Degree:** BA (Hons) Therapeutic Psychology

**Study mode:** Full time

**Duration:** 36 Month

#### Cost of study

**Cost :** 15 000 - 17 000 GBP

**Reg. fee :** N/A GBP

**Scholarship :**

**Insurance :** N/A GBP

#### Intake/s

Sep

#### Requirements

### Entry requirements

#### Roehampton English Language Test

- Undergraduate degrees - mapped to IELTS scores

#### TOEFL IBT

- Undergraduate degrees - 80 overall with a minimum of 17 in listening and writing, 18 in reading and 20 in speaking

#### IELTS Academic

- Undergraduate degrees – 6.0 overall with a minimum 5.5 in each component

#### Cambridge Advanced Certificate

- Undergraduate degrees – 169 overall with a minimum of 162 in each component

#### Cambridge Proficiency Certificate

- Undergraduate degrees – 169 overall with a minimum of 162 in each component

All applicants that require a Tier 4 visa must also meet the minimum English Language requirements before we can issue a Certificate of Acceptance for Study (CAS) that is needed to apply for a Tier 4 visa.

## Academic requirements

Along with a complete application, EU and international applicants are required to submit various supporting documents. These include:

- Academic qualifications (certificate and transcript)
- Valid English language qualification
- Personal statement
- Two references

## Accommodation

## Facilities

- 24-hour computer room. Whitelands is able to boast an on-site 24-hour computer room for all Whitelands students to use.
- Quiet Study Area and Manresa Hall.
- College Kitchen & Student Lockers.
- Sports Field and Grounds.
- Catering On-Site.

## Accommodation Fees

- £163.00 to 210.00 pw

### Speciality

**There aren't any pathways available**

### Additional information

## Degree Overview

Learn how to work with others to help them achieve their goals and potential on our unique undergraduate degree and take your first step towards a rewarding career in counselling, psychotherapy, and the wider helping professions. Our BSc Therapeutic Psychology combines our well-established strengths in counselling, psychology, mental health and therapeutic training. It also includes the option of a one-year paid work placement. The content you'll study reflects current professional practice for working therapeutically with clients as well as an understanding of the ways to manage mental health difficulties. This gives you a solid start if you wish to pursue a career in counselling and psychotherapy. You'll learn from leading psychologists and counselling experts and practitioners, who enthusiastically bring their real-life experience into the classroom. Working with them you will develop a range of skills designed to develop your theoretical understanding of the

main therapeutic approaches and their application and build your practical experience and personal development. As you progress through your degree, you'll develop an advanced understanding of mental health issues and distress, learn skills related to professional client work, gain expertise in managing the counselling process, and develop reflexivity and self-awareness for your own future development as a practitioner. This well-rounded learning approach, alongside voluntary work experience, will give you a strong foundation for a career in helping professions or further education at postgraduate level. In joining Psychology at Roehampton, you will also have the opportunity to become a Mental Health England First-Aider, or train and develop skills in mental health first aid, further expanding your professional development. You'll study different therapeutic models and approaches to counselling and psychotherapy, including cognitive behavioural therapy (CBT), psychodynamic, and person-centred therapy. You'll learn about psychological distress, how to support different population groups and communities, and how to work in different professional contexts. Teaching consists of a mixture of lectures, small group seminars and practice-based sessions. At least 50% of your teaching will be in seminars or practical workshops, allowing you to develop core therapeutic skills as well as giving you contact time with your lecturers.

## Study Reasons

- You will be in a strong position to build a career as a psychotherapist or counsellor. You could also take your skills into a safeguarding organisation, the police, social services, education, HR or broader helping professions.
- At Roehampton we have excellent pathways into further study. Should you wish to go onto further postgraduate study to become a registered counsellor psychotherapist, we have one of the largest therapeutic training Schools in the country, with leading courses in Integrative Counselling and Psychotherapy, Attachment Studies and all five Arts and Play Therapies
- Our careers team is available to support you from the start of your studies until after you graduate. They will help you build your CV, prepare for interviews, and meet and learn from successful graduates working at the top of their careers. You'll also have opportunities to work with our partners across London and beyond, and to attend a Roehampton jobs fair where you can find out about graduate opportunities and meet employers.