



University of Roehampton (London)

Integrative Counselling and Psychotherapy

Study details

Course type: Master's degree

Degree: MA (Hons) Integrative Counselling and Psychotherapy

Study mode: Part-time

Duration: 36 Month

Cost of study

Cost : 17 000 - 18 000 GBP

Reg. fee : N/A GBP

Scholarship :

Insurance : N/A GBP

Intake/s

Sep

Requirements

Entry requirements

Roehampton English Language Test

- Postgraduate degrees - mapped to IELTS scores

TOEFL IBT

- Postgraduate degrees - 89 overall with a minimum of 17 in listening and writing, 18 in reading and 20 in speaking

IELTS Academic

- Postgraduate degrees – 6.5 overall with a minimum 5.5 in each component

Cambridge Advanced Certificate

- Postgraduate degrees - 176 overall with a minimum 162 in each component (some schools require a minimum of 169 in each)

Cambridge Proficiency Certificate

- Postgraduate degrees - 176 overall with a minimum 162 in each component (some schools require a minimum of 169 in each)

All applicants that require a Tier 4 visa must also meet the minimum English Language requirements before we can issue a Certificate of Acceptance for Study (CAS) that is needed to apply for a Tier 4 visa.

Academic requirements

Along with a complete application, EU and international applicants are required to submit various supporting documents. These include:

- Academic qualifications (certificate and transcript)
- Valid English language qualification
- Personal statement
- Two references

Accommodation

Facilities

- 24-hour computer room. Whitelands is able to boast an on-site 24-hour computer room for all Whitelands students to use.
- Quiet Study Area and Manresa Hall.
- College Kitchen & Student Lockers.
- Sports Field and Grounds.
- Catering On-Site.

Accommodation Fees

£163.00 to 210.00 pw

Speciality

There aren't any pathways available

Additional information

Degree Overview

This programme provides the training in counselling and psychotherapy necessary to become eligible for BACP (British Association for Counselling & Psychotherapy) individual practitioner registration. The programme, accredited by the BACP, is based on an integrative relational approach to counselling and psychotherapy, which has been developed over many years by our cutting-edge

teaching team. Our integrative approach, at the forefront of counselling and psychotherapy theory, practice and research, incorporates aspects from three main therapeutic traditions; person-centred, cognitive and psychodynamic. You will be encouraged to explore psychological processes and experiences from these different perspectives, and recognise the theoretical, personal and cultural assumptions which influence your work. The course emphasises the central importance of the therapeutic relationship. Therefore, as well as developing cognitive and reflective skills, you will also learn practical ways of working with your clients in a therapeutic relationship to address conscious and unconscious needs and produce a change in emotional and cognitive processes and behaviour. Central to developing your therapeutic skills is a sustained effort of attunement to the client as well as openness to and awareness of their and your internal processes. This involves integrating complex and advanced skills, and responding creatively to complex, novel and unpredictable situations. As well as having a theoretical understanding of these processes, from the first year you will have modules allowing you the opportunity to practice your counselling skills. Our teaching includes life-span developmental theories, therapeutic skills practice in small groups, supervision of client work in small groups, critical analysis of approaches and research into counselling and psychotherapy. You'll be taught through interactive lectures and seminars, experiential skills workshops, small clinical supervision groups, and personal development work. Much of your learning will be a reflection on your experience of skills practiced and the use of demonstration, observation, self, peer and tutor feedback as well as a more traditional academic study. You will develop a critical understanding of the role of research in the development of the counselling and psychotherapeutic disciplines, and be able to incorporate research knowledge into clinical practice. You are required to be in personal therapy throughout the course, which will help you to develop a high level of awareness of self and the therapeutic process, to be able to use this constructively in therapeutic encounters. You will be equipped with the necessary skills to work with a wide range of people with a range of psychological issues in a variety of settings. Later modules in the course will familiarise you with a variety of forms of psychological assessment, so that you are able to critically evaluate the appropriateness and limitations of the procedures and underlying concepts. As many students will go on to work in a multidisciplinary team, in particular within the NHS, they need to have an understanding and working knowledge of psychiatric diagnoses and classification systems, while being aware of their acknowledge limits and critiques.

Study Reasons

- You will have the opportunity to work with a placements co-ordinator to find a suitable counselling/psychotherapy placement in which to gain the depth and range of experience necessary to become a competent practitioner. Information on over 500 different counselling placements is available.
- Graduates can work in health and social services, voluntary organisations and the education in counselling field.